

FAVE DECORTICATE BIO



CODE	96303
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COUNTRY OF ORIGIN	Italy, Umbria
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WEIGHT	400 g
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Beans grown organically by the BioAlberti company

DESCRIPTION	Hulled broad beans
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APPEARANCE	Small, without outer layer, of golden yellow colour
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TASTE	Sweet and delicate
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PRODUCER	BioAlberti - Poggio Aquilone (TR) - Umbria
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OUR SELECTION	BioAlberti is an entirely organic agricultural company, immersed in the rolling Umbrian hills in the locality of Poggio Aquilone and extends over an area of 560 hectares between the province of Perugia and the province of Terni
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CURIOSITY	The peeled broad beans of Asian origin belong to the legume family; they bring numerous benefits to the body and counteract effectively anemias, are ideal for a low-calorie diet
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SUGGESTIONS	Excellent as an ingredient for salads or creams. They do not require soaking; cooking times are around 25 minutes
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