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FAGIOLO NERO BIO

CODE	96299
COUNTRY OF ORIGIN	Italy, Umbria
WEIGHT	400 g

Black beans harvested organically

DESCRIPTION	Organic black bean
APPEARANCE	Black seeds with white eye
TASTE	Delicate flavour
PRODUCER	BioAlberti - Poggio Aquilone (TR) - Umbria
OUR SELECTION	BioAlberti is an agricultural company, entirely organic, immersed in the rolling Umbrian hills in the locality of Poggio Aquilone and extends over an area of 560 hectares between the province of Perugia and the province of Terni
CURIOSITY	Dried black beans: a rustic variety of legumes, recently rediscovered, with excellent nutritional properties. From the soil to the processing, the sensory characteristics of the product are continuously checked and verified to offer the consumer the best taste, while maintaining the simplicity and authenticity of the flavours of the past
SUGGESTIONS	They are well suited to accompany rice and meat dishes, soups and spicy sauces; it is recommended to soak in warm water for 2 hours and cook in boiling water for about an hour and a half

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