



## **FAVE DECORTICATE BIO**

CODE	96278
COUNTRY OF ORIGIN	Italy, Umbria
WEIGHT	500 g

Beans grown organically by the BioAlberti company

**DESCRIPTION** Hulled broad beans

**APPEARANCE** Small, without outer layer, of golden yellow colour

**TASTE** Sweet and delicate

**PRODUCER** BioAlberti - Poggio Aquilone (TR) - Umbria

**OUR SELECTION**BioAlberti is an entirely organic agricultural company, immersed in the rolling Umbrian hills in

the locality of Poggio Aquilone and extends over an area of 560 hectares between the

province of Perugia and the province of Terni

**CURIOSITY** The peeled broad beans of Asian origin belong to the legume family; they bring numerous

benefits to the body and counteract effectively anemias, are ideal for a low-calorie diet.

**SUGGESTIONS** Excellent as an ingredient for salads or creams. They do not require soaking; cooking times

are around 25 minutes

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