

ORZO PERLATO BIO



CODE	96280
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COUNTRY OF ORIGIN	Italy, Umbria
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WEIGHT	500 g
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Organic pearl barley

DESCRIPTION

Organic barley

APPEARANCE

Grains of greenish-gray color

TASTE

Delicate roasted cereal flavour

PRODUCER

BioAlberti - Poggio Aquilone (TR) - Umbria

OUR SELECTION

BioAlberti is an agricultural company, entirely organic, immersed in the rolling Umbrian hills in the locality of Poggio Aquilone and extends over an area of 560 hectares between the province of Perugia and the province of Terni

CURIOSITY

The pearl barley produced by BioAlberti in Poggio Aquilone is a cereal rich in beneficial, restorative, digestive, emollient and refreshing properties; it has a high fiber content, and a low glycemic content

SUGGESTIONS

With toasted notes it is ideal for risotto and finger food by the glass, perhaps with shrimp and sautéed vegetables. It does not require soaking, therefore about 50 minutes of cooking are sufficient