

# RISO ERMES INTEGRALE CASCINA OSCHIENA



<b>CODE</b>	93829
<b>COUNTRY OF ORIGIN</b>	Italy, Piedmont
<b>WEIGHT</b>	500 g

Brown and aromatic Italian rice cultivated in a Protected Area

## DESCRIPTION

Wholegrain and aromatic red Italian rice cultivated in Cascina Oschiena, an Ecological Biodiversity Protected Area - Natura 2000, and certified Friend of the Earth

## APPEARANCE

It is a wholegrain rice with a natural rusty-red colour given by red anthocyanins, strong antioxidants

## TASTE

It has a delicate aroma and toasted notes

## PRODUCER

Cascina Oschiena - Crova (VC) - Piedmont

## OUR SELECTION

A wholegrain rice rich in properties. It is cultivated strictly following integrated production farming techniques: guaranteeing top quality production and environment safeguard. Cascina Oschiena has obtained the EU recognition of Special Protection Area and since 2019 has become "Nature Reserve" thanks to the conversion of 25 hectares previously dedicated to rice cultivation into the creation of wetlands for the protection and enhancement of biodiversity

## CURIOSITY

Ermes is a natural crossing between Venere rice and a specific type with a fine and long grain. It is cultivated only in Piedmont and it is rich in fibers, minerals, vitamins and iron

## SUGGESTIONS

Ideal when cooked with fish, meat and vegetables. Excellent just with extra virgin olive oil or in salad. Cooking time: 35-40 minutes